



CITY OF ELK GROVE TRAILS COMMITTEE

Mark Mendenhall, Chair
Sharon Anderson, Vice Chair
Deana Donohue • Mark Doty • Erika Smith



Incorporated July 1, 2000

Web: www.elkgrovecity.org

REGULAR MEETING MONDAY, JULY 19, 2021 AT 6:00 P.M.

Consistent with [Executive Order N-35-20](#) issued on March 21, 2020, by the Governor of the State of California, this meeting will be conducted by teleconference only.

Members of the public who wish to participate in the meeting will need to join the Zoom meeting by registering at:

https://us06web.zoom.us/webinar/register/WN_sl3ZwaSCSnGX_y3rIGXa5w

Each individual who wishes to participate in the meeting must register separately. During the meeting, members of the public may provide comments using the "raise hand" feature in Zoom on a computer or mobile device. The raised hand lets the presiding chair know you have a comment.

AGENDA

1. CALL TO ORDER/ ROLL CALL

2. APPROVAL OF AGENDA

3. PUBLIC COMMENT

Members of the public may comment on matters that are not included on the agenda that the Trails Committee has jurisdiction over. Each speaker will be limited to one (1) three (3) minute comment opportunity.

4. APPROVAL OF MINUTES

4.1 REGULAR MEETING MINUTES OF MAY 17, 2021

5. DEVELOPMENT PROJECTS/CAPITAL IMPROVEMENT PROJECT REVIEW

The Trails Committee will review and provide input to staff regarding design features of projects as it pertains to the City's Bicycle, Pedestrian and Trails Master Plan.

NONE

6. PROJECT UPDATES, INFORMATIONAL ITEMS AND PRESENTATIONS

6.1 COMMUNITY SOCIAL WALKS/RIDES AND ANNUAL RIDE-ALONG:

City Staff would like feedback from the Trails Committee on organizing and scheduling the community walks and/or bike ride(s) discussed in the Bicycle, Pedestrian and Trails Master Plan in the recommendations section related to programs.

6.2 BIKE MAP UPDATE:

City Staff would like feedback from the Trails Committee on the draft update to the City Bike Map.

7. FUTURE AGENDA ITEMS

The Trails Committee may provide direction to staff for future agenda items.

8. ADJOURNMENT

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Secretary at (916) 478-3620 / TTY 888-435-6092. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. **Information on the Elk Grove Trails Committee is available on the internet at <http://elkgrovecity.org/trails-committee/index.asp>**

REGULAR MEETING MINUTES
MONDAY, MAY 17, 2021

The meeting was called to order by the Chair at 6:00 p.m. with the following participants:

Trails Committee Members Present: Chair Mark Mendenhall, Vice Chair Sharon Anderson, and Committee Members, Deana Donahue, Mark Doty and Erika Smith (joined the meeting at 6:08 pm)

Trails Committee Members Absent:

Staff/Advisory Members: Sandy Kyles, Planning Secretary
Antonio Ablog, Planning Manager
Kristin Parsons, CIP Senior Engineer

APPROVAL OF AGENDA

MOTION: *M/S Doty/Donohue* to approve the agenda as presented. **The motion passed by the following vote: Ayes: 4 (Anderson, Donohue, Doty, Mendenhall); Noes: 0; Absent: 0.**

PUBLIC COMMENT

There were no members of the public in attendance for this meeting.

APPROVAL OF MINUTES

MOTION: *M/S Doty/Donohue* to approve the Minutes of March 15, 2021, as presented. **The motion passed by the following vote: Ayes: 3 (Anderson, Donohue, Doty, Mendenhall); Noes: 0; Abstained: 1 (Doty).**

DEVELOPMENT/CAPITAL IMPROVEMENT PROJECT REVIEW

None.

Erika Smith joined the meeting at 6:08 pm.

PROJECT UPDATES, INFORMATIONAL ITEMS, AND PRESENTATIONS

ITEM 6.1 - TRAILS COMMITTEE REORGANIZATION: The selection of Trails Committee 2021-2022 Chair and Vice Chair.

MOTION: *M/S Anderson/Donohue* to reappoint Mark Mendenhall as the Trails Committee 2021-2022 Chair. **The motion passed by the following vote: Ayes: 5 (Anderson, Donohue, Doty, Mendenhall, Smith); Noes: 0; Absent: 0.**

MOTION: *M/S Doty/Donohue* to reappoint Sharon Anderson as the Trails Committee 2021-2022 Vice Chair. **The motion passed by the following vote: Ayes: 5 (Anderson, Donohue, Doty, Mendenhall, Smith); Noes: 0; Absent: 0.**

ITEM 6.2 - TRAILS COMMITTEE ANNUAL REPORT TO CITY COUNCIL: Review and discussion of the draft Annual Trails Committee update scheduled for the June 9, 2021, City Council Meeting.

In addition to Chair Mendenhall's list of topics to include in the Annual Update, the Committee agreed with a suggestion to expand the policy to include a general act of transportation by allowing golf carts on trails at certain areas/times.

ITEM 6.3 - TRAILS COMMITTEE PROJECT REVIEW PROCESS: Discussion and possible request to City Staff to route all planning project applications to the Trails Committee for review.

The Committee felt that, in order to capture potential opportunities for trail connections, it would be advantageous if staff routed all development projects to them for review and input. In response to the request, Planning Manager Antonio Ablog stated that the trails distance factor is a good guideline for staff to determine which projects should be routed to the Committee for review and input. Kristin Parsons asked the Committee if it would help to see a map of all new projects before each meeting so that they could guide staff to those they request to review, to which Chair Mendenhall suggested a consultation with one member of the Committee (Sharon Anderson nominated) offer opinions on behalf of the Committee. Mr. Ablog replied that he would speak with the Planning Director for direction.

ITEM 6.4 - MAY IS BIKE MONTH: Discussion of possible organization of a challenge/event for May is Bike Month.

The Committee briefly discussed utilizing a booth at the neighborhood market to encourage bicycling, and mentioned possible organize a bike run.

FUTURE AGENDA ITEMS

Council report synopsis.

ADJOURNMENT

There being no further business before the Elk Grove Trails Committee, the meeting was adjourned at 6:59 p.m.

Prepared by Secretary, Sandy Kyles

APPROVED:



TRAILS COMMITTEE STAFF REPORT July 19, 2021



PROJECT: COMMUNITY WALKS/RIDES
FILE:
LOCATION: City-wide
STAFF: Carrie Whitlock, Strategic Planning and Innovation Program Manager
Kristyn Laurence, Public Affairs Manager

INTRODUCTION / BACKGROUND:

The Bicycle, Pedestrian, and Trails Master Plan (BPTMP) adopted in May 2021 included the ideas of doing social walks and/or bike rides and an annual ride-along with City staff and committee members. The language from the BPTMP is included here:

Social Walks/Rides:

Supporting social walks and bicycle rides in Elk Grove can provide many benefits to the community. People who are uncomfortable walking or bicycling alone, or who are unfamiliar with the best routes to use, will benefit from having a group to show them the way. Rides can also be used as informal educational opportunities to remind participants about safe walking or bicycling behavior and sharing the road.

Annual Ride-Along:

An Annual Ride-Along could include City staff, Trails Committee members, Disability Advisory Committee members, and other community stakeholders. The purpose of the Ride-Along would be to identify new opportunities or challenges that may arise in the future as new development and this Plan are implemented in Elk Grove. The ride-along would also provide on-the ground insight into the needs of people who bicycle in Elk Grove. Findings from the Annual Ride-Along could be included in the Annual Report Card.

There are a number of options on logistics and scheduling for the walks and/or rides. Some items for discussion and consideration include:

- Organizing both walks and rides, on the same or different days
- Having these as separate rides or combining into one ride (the social ride and the annual ride-along)
- Frequency of the event(s), on an annual, bi-annual or quarterly basis
- Having the event(s) on a weekday or weekend, and the time of day
- Having the event(s) in different districts around the city to allow residents to participate near their neighborhood, or learn a new neighborhood
- Scheduling for the first event to allow for planning and ensure it does not overlap with other events

Example of similar activities include the community rides coordinated for GoFest and the Disability Advisory Committee's disability awareness day. The DAC annual activity allows City staff to better understand disabilities through exercises that mimic disabilities.

Staff recommendation:

City Staff would like feedback from the Trails Committee on organizing and scheduling the community walks and/or bike ride(s) discussed in the BPTMP.

Attachments:

1. None



TRAILS COMMITTEE STAFF REPORT
July 19, 2021



PROJECT: BIKE MAP UPDATE
FILE:
LOCATION: City-wide
STAFF: Carrie Whitlock, Strategic Planning and Innovation Program Manager
Lupe Murrietta, Graphic and Multimedia Program Manager

INTRODUCTION / BACKGROUND:

The current City Bike Map was last updated in 2015 following the adoption of the 2014 Bicycle, Pedestrian, and Trails Master Plan. With the update to the Bicycle, Pedestrian, and Trails Master Plan adopted in 2021, the map needs to be updated to reflect current conditions and priorities. The Map is useful to pedestrians and cyclists to identify current locations of off-street trails and bikeways to navigate the City. In addition, it identifies points of interest, and provides information on trail etiquette and bike safety.

The draft Map includes trail and bikeways from the newly adopted BPTMP. In addition, staff have proposed updated to reflect discussions included in the BPTMP update related to trail etiquette and safety. Modifications to the existing Map include:

- Printing the map as a foldable, wallet sized map that is easier to carry;
- Changing the name from “Bike Map” to “Trails Map” to better reflect that the trails are for all users;
- Updates to the descriptions of the Featured Trails to reflect construction since the previous update;
- Updates to Contact Information;
- Changing signs to reflect that Class I trails are not “Bike Paths”;
- Updating design images to reflect current Design Protocols;
- Adding to Trail Etiquette that only single-width and non-gas powered vehicles are allowed on trails;
- Updating the Trip Tips to reflect current status; and
- Updating Map and Points of Interest.

Staff recommendation:

City Staff would like feedback from the Trails Committee on the draft update to the Bike Map.

Attachments:

1. Trails Map Draft



CITY OF
ELK GROVE



• TRAILS MAP •



35 miles of trails for walkers,
runners and bicyclists.



Emergencies: 911

Report Bike Theft:
916.714.5115

• ELK GROVE •
CONTACT NUMBERS

Information about trails:

City of Elk Grove	916.691.CITY (2489)
CSD Parks & Recreation	916.405.5600
California State Parks	916.988.0205
Sacramento County	916.875.6961
CSD Parks Maintenance Hotline	916.405.5688

Ask Elk Grove: City Information Line

(916) 691-CITY (2489)

TTY/TDD (888) 435-6092

TTY/TDD (California Relay) 711



ELK GROVE'S FEATURED TRAILS



The City of Elk Grove is home to more than 35 miles of trails for walkers, runners and bicyclists. Our unique and extensive trail system meanders throughout open space, green belts, creeks and wildlife habitats, while connecting to award-winning parks, schools, neighborhoods and retail shopping centers. The interconnected trail system, maintained by the City and CSD, also promotes access to a network of bike lanes, providing alternative transportation opportunities in Elk Grove and throughout the region.

Franklin Creek Trail

The East Franklin, Poppy Ridge, and Laguna Ridge neighborhoods along Franklin Creek are home to the nearly ten-mile-long, paved Franklin Creek Trail – one of the City's newer trails that boasts some of the highest use and rich connections to other community amenities.

Foulks Ranch/Laguna Greenbelt

In the Foulks Ranch and Laguna Creek West subdivisions, from Kilconnel Drive to Laguna Woods Drive, winds another of Elk Grove's notable trails – the Foulks Ranch/Laguna Greenbelt. Nearly 1.6 miles of paved greenbelt and park walkways for walking, running, jogging, skating and biking allow trail users access to parks and playgrounds, athletic fields and open spaces, schools and shopping centers. Lichtenberger, Batey, Kloss and Pedersen Parks are all within easy access of the Foulks Ranch/Laguna Greenbelt, as are four shopping centers.

Laguna Creek Trail

Making its way from White Peacock Way to Waterman Road through the center of Elk Grove, the popular Laguna Creek Trail features over four miles of paved, off-street trails for biking, running, horseback riding or just a leisurely stroll. One of our most scenic trails, every section is teeming with diverse and plentiful vegetation and wildlife – from the Swainson's hawks and blue herons to popcorn flowers and tules. The Laguna Creek Trail provides easy access for students at Elk Grove Elementary. Laguna Creek Trail offers access to Old Town Elk Grove, Camden Lake, and many shopping and dining centers.

AREA FOR CARD
PLACEMENT
REFERENCE ONLY

NO LIVE ART
OR COPY

USE SEPARATE OUTER
CARD TEMPLATE

BICYCLE SAFETY



When enjoying outdoor activities like bicycling, community members are encouraged to reacquire themselves with bicycle safety rules that will help make their rides safer and more enjoyable.

Always Wear an Approved Bicycle Helmet

A bicycle helmet should sit low on the forehead, just above the eyebrows. It should fit snugly and the two side plastic pieces on the straps should fit just under the ears. The buckle should be just under the chin, with one finger's width of space between the strap and chin. The helmet must always be buckled while riding. The helmet should not move more than 1/2 inch in any direction.



Know and Follow the Rules of the Road

Know and follow the rules of the road contained within the California Vehicle Code (CVC). Vehicle Code handbooks can be obtained through your local Department of Motor Vehicles Office. Remember, bicyclists must obey the same laws as drivers of motor vehicles.

Ride with the Flow of Traffic

Always follow lane markings and use appropriate hand signals. Ride single-file when in heavily congested areas.

Avoid Riding at Night

If it becomes necessary to do so, wear light-colored or reflective clothing. Make sure your bicycle is properly equipped with reflectors and a front light, if possible.

Be Alert While Riding

Watch for cars, pedestrians, and hazards in the roadway like potholes, drain grates, etc. Don't assume other people will yield to you. Be courteous and give the right-of-way to other bicycles and pedestrians.

When Using a Crosswalk Walk Your Bike

Always look left, right, then left again—even when the light gives you the right-of-way.

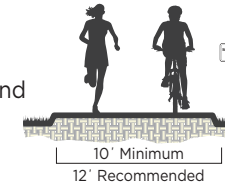


TRAIL TYPES & ETIQUETTE



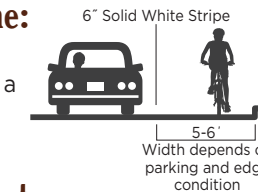
Class I Off Street:

For cyclists, pedestrians and non-motorized vehicles. Family friendly.



Class II Bike Lane:

Are striped lanes for one-way bike travel on a street or highway.



Class III Bike Route:

Streets where bicycles share the road with autos, typically on roads with fewer cars and lower speeds.



Class I Trail Etiquette

Be mindful of other trail users. Keep pets on a leash and dispose of pet waste and litter in designated receptacles.

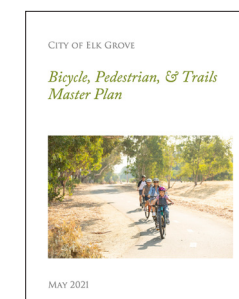
Wheeled Devices:

- Yield to pedestrians and announce your approach
- Ride at a safe speed; 15 mph unless otherwise posted
- Maintain single file in congested conditions
- Take caution of vehicle crossings
- Only self propelled or electric devices, no gas powered, are allowed on trails
- Only single width devices

Pedestrians:

- Watch for other trail users
- Keep walking party and strollers to half the width of the trail
- Utilize shoulder areas where provided

TRIP TIPS



Trails Master Plan
View standards & future trails



Scavenger Hunt
Download and enjoy on a trail!

Looking to get active and enjoy the great outdoors? Visit our [Getting Around Elk Grove](#) section of the website and use these online tools to help you get started! elkgrovecity.org/trails

LEGEND

- Class I Off Street
- Future Class I
- Class II Bike Lane
- Future Class II
- Class III Bike Route
- Future Class III
- Retail/Shopping
- Park & Ride
- Public Restrooms
- Schools
- Parks
- Water Bodies

Bike Shops

Elk Grove Bike Shop	1	(C-2)
Elk Grove Cyclery	2	(C-2)
Dick's Sporting Goods	3	(C-2)

Points of Interest

RECREATION

Elk Grove Bike Park	1	(C-3)
Wackford Community Center	2/3/19	(B-2)
Skate Park	2/3/19	(B-2)
Jerry Fox Swim Center	4	(C-3)
Del Meyer Park Trailhead & Staging Area	5	(C-2)
Bartholomew Sports Complex	6	(B-3)
Valley Hi Country Club	7	(B-2)
Emerald Lakes Golf Course	8	(D-4)
Aquatics Center & Commons	9	(C-3)
Old Town Plaza	10	(D-3)

NATURE

Elk Grove Rain Garden Plaza	11	(C-2)
Longleaf Wildlife Viewing Area	12	(C-2)
Stone Lake National Wildlife Preserve	13	(A-4)
Community Garden	14	(C-2)
Camden Lake Greenbelt	15	(C-2)
Rose Garden Park	16	(C-3)
Lichtenberger Park Rose Garden	17	(B-2)
The Preserve (opening soon)	18	(C-30)

COMMUNITY CENTER

Wackford Community & Aquatic Complex	2/3/19	(B-2)
Laguna Town Hall	20	(A-2)
Elk Grove Teen Center	21	(D-3)
Senior Center/Veterans Hall	22	(C-3)

EDUCATIONAL

Elk Grove Library	23	(D-3)
Franklin Community Library	24	(B-3)
Elk Grove Hotel and Stage Shop Museum	25	(C-3)

PUBLIC SERVICES

US Post Office (Williamson Dr.)	26	(C-3)
US Post Office (Bruceville Rd.)	27	(B-2)
Dignity Health Medical Campus	28	(C-3)
Sutter Medical Plaza	29	(C-2)
Kaiser Medical Office	30	(D-4)
Kaiser Medical Office	31	(C-2)
UCD Medical Group	32	(C-2)

GOVERNMENT FACILITY

CSD Parks & Recreation	33	(C-2)
City Hall/Elk Grove Police	34	(C-2)
Sacramento County Sheriff	35	(D-2)
Special Waste Collection Center	36	(D-4)

